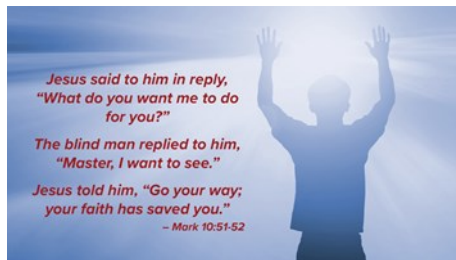


From Sunday's Gospel



As Jesus left Jericho with his disciples and a large crowd, there was a blind man, called Bartimaeus, sitting at the road-side begging. When Bartimaeus heard that it was Jesus who was walking by, he began to shout, "Jesus, Son of David, have pity on me! Help me!"

Some of the people in the crowd told him to be quiet, but he began to shout louder until Jesus heard him. Then Jesus stopped and said, "Call him here." So they said to the blind man, "Have courage! Get up! Jesus is calling you." The man threw off his cloak, jumped up and went to Jesus. Then Jesus said, "What do you want me to do for you?" The blind man said, "Master, let me see again." Then Jesus said to him, "Go! Your faith has saved you." And at once the man's sight returned and he followed Jesus along the road.



Pope Francis writes, "My dear young people, Be brave. Let us learn to face moments of difficulty with courage, certain that the Lord never fails to give his support."

Today's word is **Courage**. What did the blind man do when the people told him to stop calling for Jesus? In this Sunday's Gospel, by continuing to call on Jesus, the blind man showed courage.

The word 'courage' comes from the Latin word for 'heart' and it basically means that you are brave. Courage is a gift of the Holy Spirit – it makes us strong. Putting our faith in Jesus and his teachings gives us the courage to do the right thing. We can try to remember this Sunday's Gospel and ask Jesus to help us whenever we need courage. How can we have more courage? Perhaps we can: pray to God for more courage; support and encourage each other always to do what we know to be right – even if we are afraid.

Offertory Collections and Shop Income October 10th

First Collection: £344.75 Second: £88.70 Shop: £263.25 Thank You

Donation in memory of Doreen Florek £199.00 Thank You

Henshaws Peninne Vale: £25.00. Thank You



Sacred Heart & St William

31 High Street

Uppermill OL3 6HS

www.sacredheartparish.org.uk

Please visit the website above.

30th Sunday in Ordinary Time October 24th 2021 (Mark's Gospel)

The intentions are as follows:

Saturday:	6.00pm	John Lancashire
Sunday	9.00am	Monica Marples
(People welcome to attend this Mass)		
	10.30am	Johanna & Michael Friedrich
Monday:	9.30am	Family & Friends of Catherine & Arthur Ivatts
Tuesday:	9.30am	People of the Parish
Wednesday:	12.00pm	November Dead List
Thursday:	9.30am	No Public Mass
	11.00am	Celebration of Priesthood—Leeds Cathedral
Friday	9.30am	Carmelite Sisters York
Saturday:	10.00am	Yorkshire Brethren
	6.00pm	Tara Dyson
Sunday:	9.00am	People of the Parish
(People welcome to attend this Mass)		
	10.30am	Johanna & Michael Friedrich

**Confessions after the Saturday 10.00am Mass and by appointment
Exposition 40 minutes before each weekday Mass**

Contact Details: Parish Priest: Fr Bernard Bickers Tel: 01457 872603

Permanent Deacon: Revd Peter Rudd Tel: 01457 876559

Safeguarding Officers: Mrs Tessa Spalding Tel: 01457 873515

Mrs Michelle Moore



In 2021 the UK Government assumed the presidency of COP26 providing a unique opportunity to lead the way in international efforts to tackle the climate crisis. Pope Francis has given a very clear steer about caring for our 'Common Home'. In Laudato Si Pope Francis wrote 'To harm the environment is to harm human beings.' He also asked 'What kind of world do we want to leave to those who come after us, to children who are now growing up?'

The Conference of Parties (COP26) is the 26th United Nations Climate Conference. It will be attended by leaders of over 200 countries to discuss climate change and how to tackle the global ecological crisis which will have devastating effects of millions of the most vulnerable people.

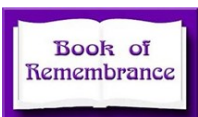
Pope Francis also wrote, 'I urgently appeal, then, for a new dialogue about how we are shaping the future of our planet. We need a conversation which includes everyone, since the environmental challenge we are undergoing, and its human roots, concern and affects us all.'

In the run up to COP26 we are asked to pray that the leaders meeting in Glasgow work together for positive outcomes for people and the planet by using the following prayer:



Loving God, we praise your name with all you have created. You are present in the whole universe, and in the smallest of creatures. We acknowledge the responsibilities you have placed upon us as stewards of your creation. May the Holy Spirit inspire all political leaders at COP26 as they seek to embrace the changes needed to foster a more sustainable society. Instil in them courage and gentleness to implement fairer solutions for the poorest and most vulnerable, and commit their nations to the care of Our Common Home. We ask this through Our Lord Jesus Christ your Son. Amen

(Please take a Prayer Card for the COP26 Climate Talks from the back of the church)



As in previous years we will have a Book of Remembrance in front of the altar during November. If you would like a family member or friend who has died to be named in the Book of Remembrance, please take a brown envelope with NDL on it and return it with the names of those to be included. Alternatively you can email the names to Fr Bernard. Thank you

**WORLD
MISSION
SUNDAY**
24th October
2021

World Mission Sunday is being celebrated in every Catholic parish throughout the world today. It supports missionaries who work alongside communities that are poor or in need, regardless of their background or belief. By supporting *Missio*, the Pope's charity for world mission, you will help missionaries like Sister Veronica build peace in Nigeria and share

the love of Christ with those most in need. Please pray for the mission of the Church through out the world and give what you can to this very important collection which will sustain the future of the Church. Please call **020 7821 9755** (Office hours) or visit *Missio's* website to give a single gift, set up a Direct Debit and Gift Aid your donation, if possible: mission.org.uk

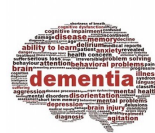
Thank you Fr Anthony Chantry—*Missio* National Director

Red Boxes



Julia asks those who have Red Boxes for *Missio*/Association for the Propagation of the Faith, to bring them to church for her to collect, empty and then return the empty boxes to the church.

Animals and Dementia (3).



Researchers have long suggested that pets are good for us, even offering health benefits such as lowering blood pressure and heart rate, reducing the stress and boosting levels of the feel-good hormone, serotonin. It stands to reason, then, that finding pets in [Alzheimer's and dementia communities](#) is becoming commonplace. Anyone who owns a cat or dog can attest to the beauty of their unconditional love, and animals often forge a special connection with people with [Alzheimer's and dementia](#). **How Pets Benefit Alzheimer's Patients** While companionship is an obvious benefit, a well-timed pet visit may also [help with anxiety](#) and depression. It's not uncommon to watch someone transition from emotionless to joyful when a pet enters the room, especially if it triggers pleasant memories. However, it is important to also keep in mind that the opposite reaction could occur as well. Be mindful of the pet's temperament and energy level. Consider time of day, morning or early afternoon visits are probably better choices than evening when [Sundowner's](#) is setting in. Always stay tuned in to your loved one's demeanor, as they can quickly reach a point of overstimulation. If they begin to show signs of agitation, simply know that it might be time to end the visit. Realize that Alzheimer's and dementia patients are unpredictable when it comes to pets. (Adapted from 'How can Pets benefit Alzheimer's—Anne Napoletan)

