#### From Sunday's Gospel



The night before he was crucified, Jesus and his disciples had gathered to celebrate the Passover meal together. And, as they were eating, he took some bread and, when he had said the blessing, he broke it and gave it to them. "Take it," he said. "This is my body." Then he took a cup and, when he had given thanks

to God, he gave it to them, and all drank from it, and he said to them, "This is my blood, the blood of the covenant, which is to be poured out for many. I tell you solemnly, I shall not drink any more wine until the day I drink the new wine in the kingdom of God." After psalms had been sung, they left for the Mount of Olives where Jesus was soon to be arrested.

Taken from the Gospel of Sunday 6th June 2021 Cf. Mark 14:12-16. 22-26



Pope Francis writes, "My dear young people "We know well that with Jesus, life becomes richer and that with him it is easier to find meaning in everything." Today's

word is **Life.** Jesus is the Bread of Life. He wants to make our lives special and complete, and he wants us to make life better for others too. In this Sunday's Gospel, Jesus and his disciples are sharing the 'Last Supper' together. Jesus begins to prepare them for his departure from the world and offers them the gift of himself – his life. Jesus wants all people to share in the gift of his life because he loves us so much. St Teresa of Calcutta who did so much for the poor in India during her life, and inspired many others to follow her example, wrote "Love each other as Jesus has loved us. He has given nothing less than his life for us." In this coming week, how can we make life better for others at home, at school or in the community? Perhaps we can: be kind and friendly to someone that we know but haven't really talked to before; be generous and share more; show our gratitude to all those who help us through life, and pray for them too;



## Sacred Heart & St William

31 High Street Uppermill OL3 6HS www.sacredheartparish.org.uk Please visit the website above.

For Daily Mass Readings, Video reflections and any updates go to Sunday Mass in the Newsletter

# The Solemnity of The Body and Blood of Christ June 6th 2021 (Mark's Gospel)

## PLEASE NOTE THE CHURCH WILL BE OPEN FOR MASS ON TUESDAY & THURSDAYS 9.30AM AND SATURDAY 6.00PM

The intentions are as follows:

Saturday:	6.00pm	Anne Lewis	
Sunday	9.00am	People of the Parish	
		(live streamed without	a congregation)
Monday:		The Faithful Departed	
Tuesday:	9.30am	The Sheridan Family	
Wednesday:		For those caring for ot	hers
Thursday:	9.30am	Johanna Friedrich	
Friday	9.30am	November Dead List	The Sacred Heart
Saturday:	6.00pm	Tara Dyson	
Sunday:	9.00am	n Tommy Cresham	
		(live streamed without a congregation)	

#### **Confessions by appointment**

Contact Details: Parish Priest: Fr Bernard Bickers Tel: 01457 872603 Permanent Deacon: Revd Peter Rudd Tel: 01457 876559 Safeguarding Officers: Mrs Tessa Spalding Tel: 01457 873515 Mrs Michelle Moore

#### Church Opening Times



It is now no longer necessary to book a place for the 6.00pm Saturday Vigil Mass. The church will continue to be open for a congregation to be present on Tuesday & Thursday mornings at 9.30am and Saturday evening at 6.00pm. Mass will continue to be live streamed on a Sunday morning at 9.00am without a congregation.

We will review Mass times after June 21st when we know a little more about the lifting of restrictions and how this will impact on attendances. Until then we will continue as at present.

## Stewards/Cleaners April 2021

Saturday June 5th 6.00pm: Ian Charnock & Mary Farmer

Tuesday June 8th 9.30am: Michelle Mowinski & Carol Street-Brown

Thursday June 10th 9.30am: Emma Kirkman & Claire Ward

Friday June 11th 9.30am: Solemnity of the Sacred Heart Claire Ward & Mary Farmer Saturday 12th 6.00pm: Susan & Jan Gedzielewski



## Solemnity of the Sacred Heart

This year our parish feast falls on this coming Friday, 11th June. Mass will be celebrated with a congregation at 9.30am on Friday. Unfortunately we will not be able to have congregational singing, nor will we be able to socialise after Mass which is a great shame. However, it is important that we continue to behave responsibly.

## National Carers' Week 7th-13th June 2021



Carers Week is an annual campaign to raise awareness of caring, highlight the challenges unpaid carers face and Carers Week recognise the contribution they make to families and communities throughout the UK. It also helps people who don't think of themselves as having caring responsibilities to

identify as carers and access much-needed support. This year

we are coming together to Make Caring Visible and Valued. There are 6.5 million people in the UK who are carers. They are looking after a family member or friend who has a disability, mental or physical illness or who needs extra help as they grow older. Caring's impact on all aspects of life from relationships and health to finances and work can be significant, and carers are facing even more difficult circumstances this year. To find out more please visit: www.carersweek.org/about-carers-week/ Hopefully the Dementia Carers Support Group will resume meeting in the autumn.

#### Solemnity of the Body and Blood of Jesus Christ



This is the one Solemnity of the Lord that has not been returned to its original date of the Thursday after Trinity Sunday. The Bishops of England and Wales decided to leave it to the Sunday following Trinity Sunday. The invitation is to reflect on the immensity of the gift of the Eucharist, perhaps

even more so at the present time when so many people are still unable to come to church, and so are celebrating via the live stream Sunday Mass, and are therefore unable to receive Communion. It is also a good day to remember in our prayers the 11 children who are preparing to receive Holy Communion for the first time in July, and their families.

#### Communication in the late stage of Dementia



As the condition advances, the person with dementia may rely more and more on nonverbal communication, such as facial expressions or vocal sounds. As carers you may also find that aroundthe-clock care is more likely to be required in this stage. What follows may help with successful communication:

Approach the person from the front and identify yourself.

Encourage nonverbal communication. If you don't understand what the person is trying to say, ask him or her to point or gesture.

Use touch, sights, sounds, smells and tastes as a form of communication with • the person.

Consider the feelings behind words or sounds. Sometimes the emotions being • expressed are more important than what's being said.

Treat the person with dignity and respect. Avoid talking down to the person or as if he or she isn't there.

Finally be assured that it's OK if you don't know what to say; your presence and friendship are most important.

"Pour your grace, O loving God, upon all suffering with dementia. It is frustrating not to find a word; it is fearful to lose one's memories. Bless them with patience, a loving and supportive family, and days of hope and accomplishments. Amen"

## Banking in May—weekends 16th & 23rd

First Collection: 564.40 Second Collection: £127.00 Thank You Donation in memory of David Hilton: £200.00 Thank You