



### From Sunday's Gospel

Jesus said to his disciples, "What you have heard me say comes from the Father who sent me. I am returning to my Father, but do not worry: I will not leave you all alone. When I return to the Father he will send you the Holy Spirit to teach you and remind you of all the things I have said. Peace I give to you, a peace the world cannot give. This is my gift to you. So don't be troubled or afraid."



Pope Francis writes, "Peace is always found in God, for God is peace. Peace of heart is more valuable than any treasure." Today's word is **Peace**. In this Sunday's Gospel, the risen Jesus offers his disciples the Holy Spirit

and inner peace. True peace (the removal of all anxiety, worry and envy) comes only from God. The peace that God gives is not dependent on peaceful conditions: we can experience it even in the midst of turmoil and uncertainty. Even if you may sometimes doubt, or feel distant from God, be assured that God is very close to you and wanting you to be filled with his peace. Peace, like love, is a gift to share. How can we bring peace to others in this coming week? Perhaps we can: do what our parents ask us to do; not tease or make fun of friends, brothers or sisters; pray and ask God that we may be filled with peace.

### Offertory Collections and Shop Income May 1st

**First Collection: £227.00 Second: £49.95 Shop: £229.20 Thank You**  
**Easter Offerings: £550.40 Henshaws Pennine Vale: £25.00 Thank You**  
**Sing for Pleasure Choir: £245.00 Thank You**

**O Queen of heaven, rejoice, Alleluia! For he whom you did merit to bear, Alleluia! Has risen as he said, Alleluia! Pray for us to God, Alleluia! Rejoice and be glad O Virgin Mary, Alleluia! For the Lord has risen indeed, Alleluia.**



## **Sacred Heart & St William**

31 High Street  
 Uppermill OL3 6HS  
[www.sacredheartparish.org.uk](http://www.sacredheartparish.org.uk)  
**Please visit the website above.**

## **6th Sunday of Easter**

### **May 22nd 2022 (Luke's Gospel)**

**The intentions are as follows:**

**Please note that this weekend there will be only ONE public Mass celebrated by Bishop Marcus**

Saturday:	<b>6.00pm</b>	People of the Parish
Sunday	<b>8.30am</b>	Robert Sayers
	<b>10.00am</b>	Nicola Poulter
Monday:	<b>9.30am</b>	Service of the Word & Holy Communion
Tuesday:	<b>9.30am</b>	Service of the Word & Holy Communion-
Wednesday:	<b>12.00pm</b>	Service of the Word & Holy Communion
Thursday:	<b>8.00am</b>	CTIS Morning Prayer in Museum Car Park
		Followed by breakfast in the Parish Centre
	<b>9.30am</b>	<b>Priest's Intention</b>
Friday	<b>9.30am</b>	Service of the Word & Holy Communion
Saturday	<b>10.00am</b>	Service of the Word & Holy Communion
	<b>6.00pm</b>	Anne Lewis
Sunday:	<b>8.30am</b>	Sarah & David Lee
	<b>10.00am</b>	Nicola Poulter

**Confessions after the Saturday 10.00am Mass and by appointment**

**No Exposition this week**

**Contact Details:** Parish Priest: Fr Bernard Bickers Tel: 01457 872603

Permanent Deacon: Revd Peter Rudd Tel: 01457 876559

Safeguarding Officers: Mrs Tessa Spalding Tel: 01457 873515

Mrs Michelle Moore

### The Celebration of the Sacrament of Confirmation



Bishop Marcus has given Fr Bernard the faculties to celebrate the Sacrament of Confirmation in our parish this weekend. Given the present situation with regard to the catechists, the brunt of the preparation has fallen on the parents, with the help of a couple of Zoom meetings hosted by Emily. As a parish we are grateful to all who have been involved in helping our younger parishioners to reach the stage where they ask to be confirmed. The Sacrament is normally celebrated with School Year 6 pupils, but, because of the pandemic, a few of this year's candidates are in Year 7.

Please continue to pray for those to be confirmed and for their parents.

***Come, O Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love. Send forth your Spirit and they shall be created. And you shall renew the face of the earth.***

***O God, who taught the hearts of the faithful by the light of the Holy Spirit, grant that by the gift of the same Spirit we may be always truly wise and ever rejoice in his consolation. Through Christ our Lord. Amen***



### Feast of the Ascension

The Ascension falls this Thursday May 25th. Fr Callum from St Edwards has very kindly agreed to celebrate the 9.0am Mass in Fr Bernard's absence.

SONGS OF PRAISE - July 3rd, 6.30pm @ St Chad's, Uppermill  
Part of Uppermill Summer Music Festival.



The Pennine Singers have been asked to help lead the service, and are extending the invitation to any other choristers to come and join us as part of the choir. The service is mainly composed of hymns by Vaughan Williams, Ireland, Parry and Howells, and we will also be singing anthems including 'Beati Quorum' by Stanford, and 'Antiphon' by Vaughan Williams. There will be an afternoon rehearsal beforehand at 4pm on 3rd July. Any choristers who would like to join us are asked to contact Liz Brocklehurst on [brocklehurst605@btinternet.com](mailto:brocklehurst605@btinternet.com) or 01457 877731.



This year's Summer Fair will take place on **Sunday June 26th in the Parish Centre.** As in the past volunteers are needed for the various stalls, as are items for the stalls. Please sign the list at the back of the church if you are able and willing to help.



### World Communications Day—Sunday 29th May

In addition to promoting the Church's and the Bishops' message in the local, regional, national and international mass media, the Bishops' Conference Media Office (CCN) helps journalists with their queries and to a better understanding of the Church's activities and witness. A second collection on this day is one of just three mandatory collections agreed by the Bishops' Conference. I fully appreciate that there are many other important collections requested throughout the year I can only ask that you encourage the parishes to make the collection, which is important for supporting several of our initiatives.

Bishop John Arnold

### Sundowning



Sundowning has several causes. As the day goes on, the person with dementia becomes more tired, and this can lead to their dementia symptoms worsening. Hunger, thirst and physical pain can also play a part. As darkness falls, streetlights come on and people settle in for the evening. These changes can make the person increasingly concerned that they are in the wrong place, or that they have forgotten to do something vital during the day.

Tips for treating Sundowning:

Use distraction techniques: go into a different room, make the person a drink, have a snack, turn some music on, or go out for a walk

Ask them what the matter is. Listen carefully to their response and if possible, see if you can deal with the reason for their distress

Talk in a slow, soothing way, speaking in short sentences

Hold the person's hand or sit close to them and stroke their arm  
(Adapted from Admiral Nurses Help leaflets)