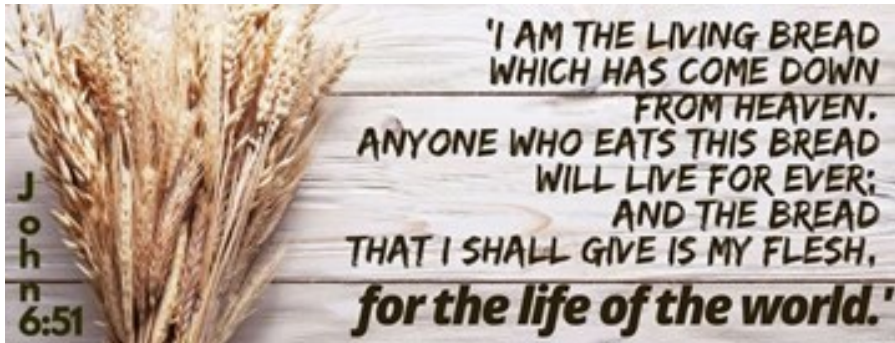


From Sunday's Gospel



The people of Israel were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' "Surely this is Jesus, son of Joseph," they said. "We know his father and mother. How can he now say, 'I have come down from heaven'?" Jesus said in reply, "Stop complaining to each other. No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. I tell you most solemnly, everybody who believes has everlasting life."



Pope Francis writes, "My dear young people, "We believe that there is another life because we have already begun to feel it here." Today's word is **Heaven.** Where did

Jesus say that he came down from? For almost 2000 years, Christians have been joyfully celebrating Jesus' resurrection (his life beyond death) and his return to heaven. Jesus' resurrection assures us that he is close to us now, that heaven exists, and that everlasting happiness in the life to come with God and each other can be our hope too. In the Bible, heaven is described in many ways. It is likened to a city, a beautiful garden, a kingdom and a place of great beauty and happiness. The Catholic Church assures us that there are people already living joyfully in heaven. We were created for heaven: to live in complete harmony and happiness with God and each other – forever! Until that time, we can pray for all our loved ones who have left this world, that they may be blessed with all the joys of heaven. Thinking about heaven we could pray: **Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace.**



**Sacred Heart
& St William**

31 High Street
Uppermill OL3 6HS
www.sacredheartparish.org.uk
Please visit the website above.

19th Sunday in Ordinary Time

August 8th 2021 (Mark's Gospel)

Mass times in BOLD with a congregation.

The intentions are as follows:

- Saturday: **6.00pm** Frank O'Daly
Sunday 9.00am Jerry & Sheila Harrington
(live streamed without a congregation)
10.30am Louise Harrison
Monday: People of the Parish
Tuesday: **9.30am** Gerard Young
Wednesday: Sisters of Mercy
Thursday: **9.30am** Monica & Brian Marples (Diamond Jubilee)
Friday Yorkshire Brethren
Saturday: **6.00pm** Tara Dyson
Sunday: 9.00am Thomas Collins
(live streamed without a congregation)
10.30am Mona Fallows

Confessions by appointment

Contact Details: Parish Priest: Fr Bernard Bickers Tel: 01457 872603

Permanent Deacon: Revd Peter Rudd Tel: 01457 876559

Safeguarding Officers: Mrs Tessa Spalding Tel: 01457 873515

Mrs Michelle Moore

Guidance from The Bishops' Conference of England and Wales



We will continue with public Masses on Tuesday and Thursday mornings and Saturday evenings. In addition the Live Streamed Mass without a congregation will continue at 9.00am on a Sunday and from **Sunday, August 1st there will be a Public Mass with a congregation at 10.30am.** This rather cautious approach is due to the very high infection rate in our area. It will be reviewed in September.

Stewards and Cleaners

Saturday 7th August 6.00pm: Mary Farmer & Celia Hall

Tuesday 10th August 9.30am: Liz Moores & Michelle Mowinski

Thursday 12th August 9.30am: Chris Ellis & Liz Taylor

Saturday 14th August 6.00pm: Ian Charnock & Mary Farmer

Mass for the Feast of St Bernard at Fountains Abbey.

12.00 noon Friday 20th August 2021

Principal Celebrant: Very Revd Richard Duffield, Provost of York Oratory.



Entry is via the Visitor Centre; Disabled access is via the West gate where all parking is reserved for the disabled. Admission to the Abbey is free to National Trust Members and by a special arrangement the National Trust has kindly agreed to waive the normal charges to allow free admission for those attending Mass. All Welcome.

Hiroshima and Nagasaki



This year marks the 76th anniversary of the dropping of the bombs on Hiroshima and Nagasaki on the 6th and 9th August 1945. The United Kingdom is set to increase its nuclear arsenal by 40% despite the following warning by Pope Francis who tells us that, **'the threat of nuclear weapons as well as their very possession, is to be firmly condemned ... they exist in the service of the mentality of fear ... and nuclear deterrence cannot be the basis for an ethics of solidarity and peaceful coexistence among peoples and states.'** In this time of global crisis, he reminds us that, **'spending on nuclear weapons squanders the wealth of nations. Nations would be better invested in education, health and the fight against extreme poverty'.**



Cornerstones sleep out on Friday 17th September.

Cornerstones has amazingly managed to maintain a reduced service throughout the pandemic, providing a lunch bag system where people can come along to collect a bag of food. It has not been possible to allow anyone to remain in the centre or to provide hot meals other than soup. Clients have also been able to access support and help through an appointment system, to use the shower and toilet facilities and to more recently see a doctor. This has been costly as the centre is open every week day and donations have been severely reduced. Any donations towards this vital life giving and life saving work will be very much appreciated. Mary Farmer is taking part in the sleep out and will add a fundraising link. Alternatively any donations can be given to Mary who will pass them onto Lorraine, the manager, the time.

Remembering what's happened recently

Since, for people with dementia, the memory is not as good as it used to be and they can struggle with remembering what happened recently, it may well be that families and carers will have to find ways of helping with memory problems. This may involve repetition, showing the person how to do things more than once or reminding them where they have put things. This can be frustrating but it is a side effect of dementia.

The long-term memory can often be better, this means that people can chat about the past.

The emotional memory can remain good. This means the person with dementia will remember how other people make them feel, even if they are not sure who they are.

Thinking clearly There are times when this can be difficult to think clearly, at other times it can be fine. Some people describe this like being in a fog, others say it's like being in thick mud not being able to move. There are times when this can make a dementia sufferer hesitant and unsure about what to do or what they should be doing. (Adapted from MHA—supporting people living with dementia.)

Offertory Collection Weekend 25th July

First Collection: £543.50 Second Collection: £63.50

Donation in memory of Tony Avery: £200.00 Thank you.