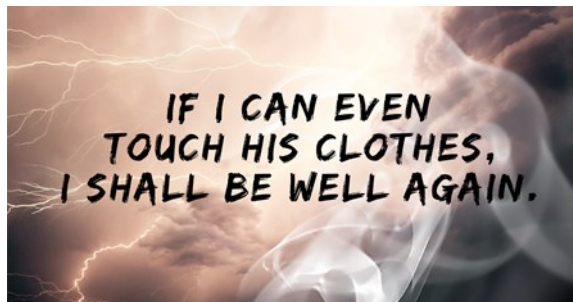


From Sunday's Gospel



When Jesus had crossed in the boat to the other side of the lake, a large crowd gathered round him and he stayed by the lakeside. A woman, who had suffered from a haemorrhage for twelve years, came up behind Jesus and touched his

cloak. "If I can touch even his clothes," she had told herself, "I shall be well again." And the source of her bleeding dried up instantly and she felt in herself that she was cured. Immediately aware that power had gone out from him, Jesus turned round and said, "Who touched me?" Then the woman came forward frightened and trembling because she knew what had happened to her, and she fell at his feet and told him the whole truth. "My daughter," he said, "your faith has restored you to health; go in peace and be free from your complaint."

Adapted from Mark 5:21-43 The 13th Sunday in Ordinary Time, Year B



Pope Francis writes, "My dear young people "Having faith does not mean having no difficulties, but having the strength to face them, knowing we are not alone. " To-

day's word is Faith. In this Sunday's Gospel, we read about how a woman's faith was greatly rewarded. Jesus revealed the wonderful and extraordinary power he had received from his Father, by healing this woman in a remarkable way. Putting our faith in Jesus helps us to know God as our loving Father. This transforms how we see the world and can bring healing to us too; it can free us from anxiety and give us confidence and inner strength. Faith is one of life's greatest blessings. Pope Francis reminds us, "To live by faith means to put our lives in the hands of God, especially in our most difficult moments." Let's be thankful to God for the great gift of faith. Helping our children to grow in faith, to know and to love God, is one of the greatest gifts we can give them.

Dear God, thank you for the gift of faith. Please increase our faith and move us to action, to always serve you and one another with love and joy. Amen.



Sacred Heart & St William

31 High Street

Uppermill OL3 6HS

www.sacredheartparish.org.uk

Please visit the website above.

For Daily Mass Readings, Video reflections and any updates go to Sunday Mass in the Newsletter

13th Sunday in Ordinary Time

June 27th 2021 (Mark's Gospel)

**PLEASE NOTE THE CHURCH WILL BE OPEN FOR MASS ON TUESDAY
& THURSDAYS 9.30AM AND SATURDAY 6.00PM**

The intentions are as follows:

Saturday:	6.00pm	Yorkshire Brethren
Sunday	9.00am	Caroline & Michael Clayton (live streamed without a congregation)
Monday:		People of the Parish
Tuesday:	9.30am	Mary & John O'Neil
Wednesday:		November Dead List
Thursday:	9.30am	John Conway
Friday		Sr Martin Walsh
Saturday:	6.00pm	Canon Joseph Finan
Sunday:	9.00am	People of the Parish (live streamed without a congregation)

Confessions by appointment

Contact Details: Parish Priest: Fr Bernard Bickers Tel: 01457 872603

Permanent Deacon: Revd Peter Rudd Tel: 01457 876559

Safeguarding Officers: Mrs Tessa Spalding Tel: 01457 873515

Mrs Michelle Moore

Church Opening Times



It is now no longer necessary to book a place for the **6.00pm Saturday Vigil Mass**. The church will continue to be open for a congregation to be present on **Tuesday and Thursday mornings at 9.30am and Saturday evening at 6.00pm**. Mass will continue to be live streamed on a Sunday morning at 9.00am without a congregation.

We will review Mass times when we know a little more about the lifting of restrictions and how this will impact on attendances. Until then we will continue as at present.

Stewards/Cleaners June/July 2021

Saturday 26th June 6.00pm: Ian Charnock & Mary Farmer

Tuesday 29th 9.30am: Michelle Mowinski & Carole Street Brown

Thursday 1st 9.30am: Emma Kirkman & Claire Ward

Saturday 3rd July 6.00pm: Celia Hall & Ian Charnock

FINANCE UPDATE



Recently some parishioners have asked to be reminded how they might continue to make a regular offering. There are a number of ways to make payment:

1) **By cheque**. You can either bring it in or send it to the church. Cheques should be made payable to 'Diocese of Leeds- Sacred

Heart'. Don't forget to enclose one of your numbered weekly envelopes (it doesn't matter which week) as it is needed for claiming Gift Aid.

2) **By BACS** direct into the Parish bank account. The details are:

Name of Bank: HSBC City Branch Leeds

Name of account: Diocese of Leeds- Sacred Heart

Sort code: 40-27-15 Account Number: 31018108

3) **By standing order** to the same account as above.

If you are paying by BACS or Standing Order please use your surname as a reference so that the payment can be allocated correctly. If you need any further information please feel free to contact Fr Bernard.

Thank You.

Banking for Sundays June 13th & 20th

First Collection: £716.00; Second Collection £116.00. Thank you.



"Everything that happens to you is your teacher. The secret is to learn to sit at the feet of your own life and be taught by it."

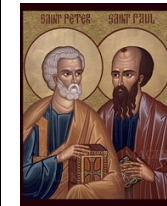
Polly Berrien Berends

Sunday 27th June Our Lady of Unfailing Help



Our Lady of Unfailing Help (Perpetual Succour) is the principal patron of our diocese, and Bishop Marcus has given permission for this feast to be celebrated on Sunday. The prayers will be taken from the Feast and the preface will be of The Blessed Virgin Mary.

The readings will be of the Sunday.



Also this week we have the Solemnity of Saints Peter and Paul on Tuesday 29th June. This would in normal times be a Holyday of Obligation, but as the Bishops of England and Wales have suspended Sunday Obligation, this suspension also applies to holy days, so on Tuesday there will just be the one Mass at 9.30am.

Some practical ways of caring for a person with dementia:

1. **Remember the person** - their likes and dislikes; provide photos, pictures and mementos to help remember;
2. **Smile**—the person will notice your emotional state, your body language and the tone of your voice.
3. **Slow down**— provide care in a relaxed manner remembering that it is OK for the person to do things for themselves when they can. Keep things simple.
4. **Help with orientation**—If they forget, remind them who you are; remind them of any daily routine; use cues, words, signs, pictures.
5. **Communicate clearly**—make one point at a time; make sure that glasses and hearing aids are working properly; take time to understand.
6. **Step back**—when the person is angry keep yourself safe, work out why it happened and try again later
7. **Keep it quiet**— stop and listen, reduce any conflicting noises, TV, Radio, Children and avoid overstimulation like crowds or shopping centres.
8. **Don't argue**—go with the flow, acknowledge and respect what the person is saying and doing. Telling them they are wrong can have a negative effect.
9. **Engage and encourage**—get the person started with some meaningful activity; Set activities up to succeed and thank them for assisting you and themselves
10. **Distract**—Talk/yarn about their life; give them something to do and provide a Relaxed environment
11. **Talk with others**—develop a support network, talk about what has worked and what hasn't, record what you did, journal or diary.
12. **Be aware of sudden changes**—look for a reason—pain, dehydration, infection, see GP