

From Sunday's Gospel



Jesus summoned the Twelve and began to send them out in pairs giving them authority over the unclean spirits. And he instructed them to take nothing for the journey except a staff – no bread, no haversack, no coppers for their purses. They were to wear sandals but, he added, “Do not take a spare tunic.” And he said to them, “If you enter a house anywhere, stay

there until you leave the district. And if any place does not welcome you and people refuse to listen to you, as you walk away shake off the dust from under your feet as a sign to them.” So they set off to preach repentance, telling people to change their lives and turn back to God. And they cast out many unclean spirits, and anointed many sick people with oil and cured them.

Adapted from Mark 6:7-13 The 15th Sunday in Ordinary Time, Year B



“Listen carefully, and attend with the ear of your heart.” St Benedict – Patron of Europe (Feast Day 11th July) Today's word is **Listening.** In this Sunday's Gospel, Jesus

sends out his friends on an urgent mission with the instruction to heal and to share his message with all who will listen. Jesus wants us to listen closely to his words. Regularly listening to Jesus reminds us what's really important in life and how much we are loved by God. St Teresa of Calcutta (Mother Teresa) said: “Before we speak, it is necessary for us to listen. God speaks in the silence of the heart.” Listening is a sign of real love – it's a powerful way of showing that we care. Listening to the right people and the right messages is important for us and for our children. It is important to listen if we are to learn and grow in wisdom. What do you think are the best ways that we can listen to Jesus through the coming summer holidays? Perhaps we can: remember to have quiet times in prayer – just for listening to God as he speaks to our heart. **“Dear Jesus, thank you for always being ready to listen to us. Please help us to listen to you.”**



Sacred Heart & St William

31 High Street

Uppermill OL3 6HS

www.sacredheartparish.org.uk

Please visit the website above.

For Daily Mass Readings, Video reflections and any updates go to Sunday Mass in the Newsletter

15th Sunday in Ordinary Time

July 11h 2021 (Mark's Gospel)

**PLEASE NOTE THE CHURCH WILL BE OPEN FOR MASS ON
TUESDAY & THURSDAY MORNINGS AT 9.30AM AND SATURDAYS AT
6.00PM**

The intentions are as follows:

Saturday:	6.00pm	In Thanksgiving (DHT)
Sunday	9.00am	James McKune (live streamed without a congregation)
Monday:		People of the Parish
Tuesday:	9.30am	Marie Dixon
Wednesday:		November Dead List
Thursday:	9.30am	Denis McKenna
Friday		John Rafferty
Saturday:	6.00pm	Tara Dyson
Sunday:	9.00am	People of the Parish (live streamed without a congregation)

Confessions by appointment

Contact Details: Parish Priest: Fr Bernard Bickers Tel: 01457 872603

Permanent Deacon: Revd Peter Rudd Tel: 01457 876559

Safeguarding Officers: Mrs Tessa Spalding Tel: 01457 873515

Mrs Michelle Moore

Church Opening Times



It is now no longer necessary to book a place for the 6.00pm Saturday Vigil Mass. As well as Saturday 6.00pm there will be Mass with a congregation on Tuesdays and Thursdays at 9.30am. Mass will continue to be live streamed on a Sunday morning at 9.00am without a congregation.

We will review Mass times when we know a little more about the lifting of restrictions and how this will impact on attendances. Until then we will continue as at present.

Stewards/Cleaners June/July 2021

Saturday 10th July 6.00pm Susan & Jan Gedzielewski

Tuesday 13th July 9.30am: Liz Moores & Michelle Mowinski

Thursday 15th July 9.30am: Emma Kirkman & Claire Ward

Saturday 17th July 6.00pm: Mary Farmer & Celia Hall

The Prime Minister has announced that it looks likely that on Monday 19th all restrictions are to be lifted, though there still seems to be some doubt about mask wearing and keeping socially distant. How this will impact on people attending church for Mass and other celebrations is still not known. In the past parishes have been guided by the Diocese, but at the time of writing the newsletter there has been no further communication. Please watch this space.

First Holy Communion



Over this weekend and next the 11 children who celebrated First Forgiveness last year will be making their First Holy Communion. There may well be an opportunity for a few parishioners to join them at 11.00am on Sunday 11th and 11.00am Sunday 18th. If you would like to attend please contact Fr Bernard on the Saturday before the First Communion Masses who will then know the capacity available.

THE BRIERY ZOOM MEDITATION, Thursday from 7.30pm to 8.15pm. It is a simple format of praying with the Sunday Mass Readings and sharing in small groups. To Join Briery Thursday Meditation click on the link <https://us02web.zoom.us/j/83436583706?pwd=M1RUNFNvcVJkMXUwSUNWSVdITnhJZz09>

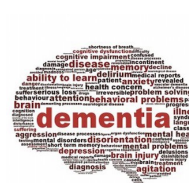
Or log into the app using the following: Meeting ID: 834 3658 3706
Passcode: 977049

Stella Maris (Apostleship of the Sea) Thank You



Today, July 11th, is Sea Sunday, when the Church prays for all those who live and work at sea. This year is a particularly important one for Stella Maris (Apostleship of the Sea), (a) because sea farers and fishers were severely impacted by the Covid-19 pandemic, (b) it is our Centenary Year and we were not able to hold Sea Sunday in July last year because of the lockdown. The December substitute Sea Sunday was much smaller in scale than usual, heavily impacting our annual income. Today's second collection is for Stella Maris, the Catholic Church's official maritime welfare agency. It supports seafarers both practically and spiritually. For the appeal talk from Bishop Paul Mason, and a video showing some of what Stella Maris does, please visit www.stellamaris.org.uk/SeaSunday. This collection is vital to enable Stella Maris to continue its important work. To donate, please visit www.stellamaris.org.uk/donate or text 'SEA' to 70460 to donate £5.00. Stella Maris is dependent on voluntary donations so please give generously. Thank You. Martin Foley, Chief Executive Officer

Striking a balance when caring for people with Dementia



A person with dementia will need more care and support as their symptoms get worse over time. This may well mean that a move into a care home can better meet their needs. However, for those who have been helping someone with dementia live as independently as possible, the decision to move into a care home can be a very difficult, but necessary one to make. If this is the case it is important to remember that there can be many positive aspects

to moving into a care home. These include:

24 hour support from care staff

Knowing that the person with dementia is in a safe place

Social activities with other residents

Other things to consider:

Are residents treated with dignity and respect by Staff?

Can they have visitors whenever they want?

Are there regular residents' meetings?

Have they got access to community health services such as chiropodists and opticians?

Can you continue to help care for your relative in some way, perhaps helping them with an activity?

Further information can be found from the Alzheimer's Society.