



From Sunday's Gospel

Jesus said, "Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you; for on him, the Father, God himself, has set his seal." Then the people said, "What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna (miraculous food) to eat when they were with Moses in the desert; as scripture

says: 'He gave them bread from heaven to eat'." Jesus answered, "I tell you most solemnly, it was not Moses who gave you bread from heaven; it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world." "Sir," they said, "give us that bread always." Jesus answered, "I am the bread of life. Whoever comes to me will never be hungry; whoever believes in me will never thirst."



Pope Francis writes, "My dear young people, "Jesus is the Bread of Life for our families.

Let us be united to Jesus, nourished by daily prayer, by listening to the Word of God, and

by sharing in the Sacraments." Today's word is **Nourish**. What did Jesus call himself? To nourish means to feed and help grow. In this Sunday's Gospel, Jesus is offering to nourish us. Jesus continues to nourish us through the Church today. He offers us eternal life through the gift of himself which we receive in Holy Communion. With Jesus' love we will always be nourished. Just as we eat bread to nourish our bodies, Jesus (in Holy Communion) nourishes our souls – to help us to keep growing in goodness and love. Who else should we remember to thank for nourishing us? Perhaps parents, carers, teachers, priests, grandparents or friends. Which people can we nourish in this coming week and how can we nourish them? Perhaps we can: encourage someone; give hugs to parents or carers; give something to a food bank; help and offer hope to others. **"Dear Jesus, as you nourish us, so help us to nourish others by what we say and do."**



Sacred Heart & St William

31 High Street

Uppermill OL3 6HS

www.sacredheartparish.org.uk

Please visit the website above.

18th Sunday in Ordinary Time

Dedication of the Cathedral Church of St Anne

August 1st 2021 (Mark's Gospel)

Mass times in BOLD with a congregation.

The intentions are as follows:

Saturday:	6.00pm	Fr Jack Kennedy
Sunday	9.00am	Marie Dixon (live streamed without a congregation)
	10.30am	People of the Parish
Monday:		Dorothy Lilian Platts
Tuesday:	9.30am	Brian Harris
Wednesday:		Brian Keaveney
Thursday:	9.30am	Margaret Lynch
Friday		Holmes & Richards' Families
Saturday:	6.00pm	Frank O'Daly
Sunday:	9.00am	People of the Parish (live streamed without a congregation)
	10.30am	Louise Harrison

Confessions by appointment

Contact Details: Parish Priest: Fr Bernard Bickers Tel: 01457 872603

Permanent Deacon: Revd Peter Rudd Tel: 01457 876559

Safeguarding Officers: Mrs Tessa Spalding Tel: 01457 873515

Mrs Michelle Moore

Guidance from The Bishops' Conference of England and Wales



We will continue with public Masses on Tuesday and Thursday mornings and Saturday evenings. In addition the Live Streamed Mass without a congregation will continue at 9.00am on a Sunday and from **this Sunday, August 1st there will be a Public Mass with a congregation at 10.30am.** This rather cautious approach is due to the very high infection rate in our area. It will be reviewed in September.

Stewards and Cleaners

Saturday 31st July 6.00pm: Susan & Jan Gedziewelski

Tuesday 3rd August 9.30am: Liz Taylor & Emma Kirkman

Thursday 5th August 9.30am: Mary Farmer & Claire Ward

Saturday 7th August 6.00pm: Mary Farmer & Celia Hall

Mass for the Feast of St Bernard at Fountains Abbey.

12.00 noon Friday 20th August 2021

Principal Celebrant: Very Revd Richard Duffield, Provost of York Oratory.



Entry is via the Visitor Centre where there is ample parking; a shuttle bus is available for those who find the walk too difficult. Disabled access is via the West gate where all parking is reserved for the disabled. Special arrangements can be made for wheel chairs. Admission to the Abbey is free to National Trust Members and by a special arrangement the National Trust has kindly agreed to waive the normal charges to allow free admission for those attending Mass. All Welcome.

PRAYER INTENTIONS OF THE HOLY FATHER POPE FRANCIS FOR AUGUST 2021 :



The Church: Let us pray for the Church, that She may receive from the Holy Spirit the grace and strength to reform herself in the light of the Gospel.

Offertory Collection Weekend 25th July

First Collection: £382.50 Second Collection: £45.50

Donation in thanksgiving for wedding of Sophie & Charles: £200.00 Thank you.

From the Diocese

ANNUAL LEEDS DIOCESAN PILGRIMAGE TO WALSINGHAM



The Annual Leeds Diocesan Pilgrimage to Walsingham will take place this year on Saturday 25th September 2021. It will begin with the Angelus and the celebration of Holy Mass at 12:00 Noon at the Shrine located near the Slipper Chapel. The Mass will be followed by a break for Lunch. At 2:30pm we will make a Solemn Procession into the village of Walsingham, concluding with Vespers and Benediction of the Blessed Sacrament in the grounds of the Ancient Shrine around 4:30pm.

A person with dementia asks, **How can you help me?**

Respect me—Speak to me like an adult, not a child as that can make me feel stupid. I know I can repeat myself, but it isn't helpful to be told that I have already said that. Another thing I have found from having dementia is that people often correct me. I might get the time wrong or even forget your name but being reminded I've made a mistake doesn't help.

Involve me in conversations - There is nothing worse than being left out of a conversation especially if it is about me or things that matter to me.

Let me do as much as I can for myself—There are still lots of things I can do for myself, but if people take over there is a danger that I won't be able to do these things. So find out what I can still do for myself and what I need you to help me with.

Give me chance to respond—There are times when it takes me a while to respond to what is being asked. Some people jump in and ask me another question, or they finish my sentence for me. This just makes things worse for me. Give me time and I will respond in my own way.

Use humour—I still have a sense of humour so find out what makes me laugh and build on this. Please laugh with me, not at me.

(Taken from MHA—Live later life well)



"People take different roads seeking fulfilment and happiness. Just because they are not on the same road as you does not mean that they are lost." Dali Lama