



From Sunday's Gospel

A man ran up to Jesus, knelt before him and asked, "Good master, what must I do to inherit eternal life – to live forever with God?" Jesus answered, "You know the ten commandments." And the man said, "Yes Master, and I

have kept all these from my earliest days." Jesus looked steadily at him and loved him and said, "There is one thing you lack. Go and sell everything you own and give the money to the poor, and you will have treasure in heaven; then come, follow me." The young man went away sad, for he was a man of great wealth. Then Jesus said to his disciples, "How hard it is for those who have riches to enter the kingdom of God." "In that case," they said, "who can be saved?" Jesus gazed at them. "For people," Jesus said, "it is impossible, but not for God: because everything is possible for God."



Sacred Heart & St William

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www.sacredheartparish.org.uk
Please visit the website above.

28th Sunday in Ordinary Time October 10th 2021 (Mark's Gospel)

The intentions are as follows:

Saturday:	6.00pm	Margaret Leeming
Sunday	9.00am	Those suffering from dementia & Families (live streamed without a congregation)
	10.30am	People of the Parish
Monday:	9.30am	Raymond Wade
Tuesday:	9.30am	Jim Kehoe
Wednesday:	12.00pm	Janet Heaton
Thursday:	9.30am	Elizabeth Alice Burns
Friday	9.30am	Teresa O'Mahony (90th birthday)
Saturday:	10.00am	Lilly Miller
	6.00pm	People of the Parihs
Sunday:	9.00am	Joseph Priestley (live streamed without a congregation)
	10.30am	Wasył Dydyk

**Confessions after the Saturday 10.00am Mass and by appointment
Exposition 40 minutes before each weekday Mass**

Contact Details: Parish Priest: Fr Bernard Bickers Tel: 01457 872603

Permanent Deacon: Revd Peter Rudd Tel: 01457 876559

Safeguarding Officers: Mrs Tessa Spalding Tel: 01457 873515

Mrs Michelle Moore



Mother Teresa writes, "My dear young people, We will be the happiest people in the world if we belong to God." Today's

word is **Happiness**. Out of his great love for

us, God created us to be happy with him forever. In this Sunday's Gospel, we hear about a wealthy young man whose love of money and possessions were stopping him finding true happiness. So Jesus lovingly challenges him: if he wants to have the true, lasting happiness for which he is asking, then he must give God first place in his life. The young man went away sad because he was putting his trust in his wealth rather than trusting God to bring him happiness. Living in the way that Jesus taught us, knowing that we are loved forever by God and responding to that love by loving others leads to everlasting happiness. St Gianna Beretta Molla also reminds us, "The secret of happiness is to live moment by moment, being thankful to God, accepting all that he sends." Each of us could choose some little, simple thing to do which will help to create a better atmosphere of happiness in school, the community, or at home this week.

Getting Back to something like NORMAL!



It was a great pleasure to celebrate Mass each weekday with a congregation this past week, the first time we have done so since the first Lockdown in March 2020.

As word gets round that we are back to our normal weekday schedule, numbers will increase. Last Sunday there were over 50 people at the 10.30am Mass which is the biggest number so far.

This Sunday there will be a reader at the 9.00am Mass, and, if everything goes to plan, the intention is to open the 9.00am Live Streamed Mass to people who would like to attend. Please watch this space or wait for an announcement. This means that we will again have three Masses over the weekend and, hopefully, more people will feel able to come to Mass in person.

We will review Mass attendances and times in the coming weeks.

Sign of Peace

Although we are encouraged **NOT** to shake hands or touch one another at the sign of peace, a suggestion has been made that we simply acknowledge the presence of those around us by a nod and or a smile! This is happening in many churches and works well.



Cornerstone Charity

Recently the sisters and helpers were able to begin serving hot meals which means that they will once again be dependant on donations of food. The parish has a wonderful tradition of supporting this vital work. If you are able to bring any tins, packets, etc of food please do so.

Red Boxes



Julia asks those who have Red Boxes for Missio/Association for the Propagation of the Faith, to bring them to church for her to collect, empty and then return the empty boxes to the church.

Offertory Collections and Shop Income September 19th

First Collection: £347.35 Second: £59.50 Shop: £254.45 Thank You

Reimbursement: £210.00 Thank You



Prisoners' Sunday October 10th

This Sunday begins a week of Prayer organised by PACT which is the National Catholic Charity that provides support to men, women and young people in prison, people with convictions, and their children and families. The vision is to work for a society in which justice is understood as a process of restoration and healing and where the innate dignity and worth of every human being is valued.

PACT supports people to live crime free lives after prison; supports prisoners' families; reduce the risk of self harm, suicide and violence in prisons and speak truth to power and raise awareness. The second collection this week is for PACT and we are asked to say the following prayer:

Lord, you offer freedom to all people. We pray for those in prison. Break the bonds of fear and isolation that exist. Support with your love prisoners and their families and friends, prison staff and all who care. Heal those who have been wounded by the activities of others, especially the victims of crime. Help us to forgive one another, to act justly, love mercy and walk humbly together with Christ in His strength and in His Spirit, now and every day. Amen.

Animals and Dementia.

Animals bring joy to us all and pets can be a great source of routine, purpose and reassurance, especially when you're feeling low. Animals can have an amazing knack for reducing anxiety, improving mood and encouraging communication and engagement in people with dementia. Dementia specialists widely recognise the positive effect that animals can have on people with dementia, and many care homes arrange occasional visits from animals. If this is not possible the use of soft toy animals can bring great benefits to some people with dementia, particularly those in later stages. Giving life-like animals to people with dementia can have therapeutic benefits such as relaxation and pleasure. Some people with dementia may find that they get enjoyment from holding or simply being with a soft toy animal, such as a cat or dog. It might remind them of a time when they had young children or a pet of their own or simply create pleasant feelings of reminiscence or affection. There is evidence showing that the use of soft toy animals can be particularly helpful for those who may not be engaging with others, or who are restless, distressed or anxious, improving their well-being and ability to communicate.

Adapted from Dementia UK—Animals and Dementia; Dementia and soft toys

