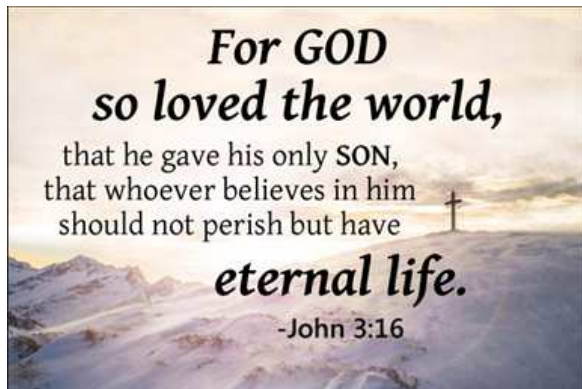


From Sunday's Gospel



Nicodemus, a teacher of the Law, came to Jesus one night to learn more about him. Jesus said to him, "God loved the world so much that he sent his only Son, so that everyone who believes in him may have eternal life. For God sent his Son into the world, not to condemn the world, but rather to save

the world." Jesus went on to say, "The Light of the World has come, but many people turn away from the light and prefer darkness. But those who live by the truth are drawn into the light, so that people can realise that they live in this way only with God's help."

SUNDAY 14th March 2021 Adapted from John 3:14-21

The 4th Sunday of Lent Year B



St Theresa of Calcutta writes, "My dear young people, love each other as Jesus loves us. Jesus has given nothing less than his life for us." Today's word is Self-giving.

God wants us to be like Jesus, to be 'self-

giving', which is the opposite of being selfish. To be self giving is to be aware of other people's needs and interests, and to put other people's needs before our own. St Francis of Assisi tells us that it is **in giving that we receive**. We all have things that we can share with others, maybe a game or a book, but more importantly we can give of our ourselves to others. It may be our time, by listening to another person especially if they are going through a difficult period in their lives. It may be that we have been hurt by what someone has said or done to us, and we can give them our forgiveness. It may be that we are patient with someone who keeps asking the same question, or makes demands on us. All of this can be summed up in giving people our LOVE.



Sacred Heart
& St William

31 High Street
Uppermill OL3 6HS

www.sacredheartparish.org.uk

Please visit the website above.

For Daily Mass Readings, Video reflections and any updates go to Sunday Mass in the Newsletter

4th Sunday in Lent (Laetare)

March 7th 2021 (Mark's Gospel)

PLEASE NOTE THE CHURCH WILL BE OPEN FOR MASS ON TUESDAY & THURSDAYS AT 9.30AM AND SATURDAYS AT 6.00PM. BOOKING FOR THE SATURDAY MASS ESSENTIAL.

Fr Bernard will celebrate Mass each day

The intentions are as follows:

- Sunday: Jack Cockayne
- Monday: Sr Nuala Nolan
- Tuesday: Florence Murray
- Wednesday: Alice & Frank Ardern (Snr)
- Thursday: May Collins
- Friday: Fr Philip Fitzgerald
- Saturday: Barbara Casburn
- Sunday: People of the Parish

Confessions by appointment

Contact Details:

Parish Priest: Fr Bernard Bickers Tel: 01457 872603

Permanent Deacon: Revd Peter Rudd Tel: 01457 876559

Safeguarding Officers: Mrs Tessa Spalding Tel: 01457 873515

Mrs Michelle Moore

Re-opening the Church for the celebration of Mass



Over the past few weeks the number of people being infected by the COVID virus has dropped very significantly, as have the number of people in hospitals due to COVID and, thankfully, the number of deaths due to COVID. Added to this the number of people receiving the first vaccination has increased dramatically. Taking these things into consideration the PPC

supported the decision to re-open the Church for the celebration of Mass. In the first instance we will follow the pattern of last time, namely, opening the church for Mass with a congregation on Tuesday and Thursday mornings at 9.30am and on Saturday evening at 6.00pm. This has only been possible thanks to the generosity of our stewards and cleaners, and to Susan our 'Booking Agent'.

To ensure a place at this Saturday evening Mass parishioners are asked to 'book' a place. To do this please phone Susan Gibson between **4.00-6.00pm on FRIDAY 19th March** on 01457 878055 or 07778856089

The Live Streaming of Mass on Sunday Morning at 9.00am will continue as over the past few months.

Stewards/Cleaners for the coming week

Tuesday March 16th 9.30am: Carole Street Brown & Liz Moores

Thursday March 18th 9.30am: Susan & Jan Gedzielewski

Saturday March 20th 6.00pm: Liz Taylor & Ian Charnock

Tuesday March 23rd 9.30am: Michelle Mowinski & Celia Hall

Thursday March 25th 9.30am: Emma Kirkman & Claire Ward

Saturday March 27th: 6.00pm: Mary Farmer and Tessa Spalding

IF ANYONE IS ABLE TO VOLUNTEER PLEASE LET FR BERNARD KNOW. No stewards means no open church. Thank You

Lent 2021 Wednesday Reflections

Each Wednesday in Lent Fr Bernard will be recording a Reflection which can be viewed on the parish website any time after 9.00am. These will remain available throughout Lent. Simply log onto the Newsletter and click on to Lenten Wednesday Reflections.

Thursday 7.30-9.00 pm CTIS Lent Group—The Prayers of Jesus—on line.

Dementia Prayer Week 12th-19th March

For over 10 years, thanks to Dr Eamon O'Daly and his Committee, the Parish Centre has, twice a month, been a place of welcome for people with Dementia and their Carers. As with so many other groups they have been unable to meet since last March when the first lockdown took place. Hopefully, as and when the Parish Centre will be able to welcome people safely, they will be able to meet again. This week is Dementia Prayer Week when we

are all asked to remember in a special way those who have the condition, members of their families, and those who care for them. Nearly every family now has someone who suffers from dementia which robs the person and their loved ones of so much. Please use the following, or another prayer on a regular basis:

"Loving Father, you are close to the broken hearted. Look with compassion on those whose lost memories have robbed them of home and belonging. Comfort and strengthen those who care for them. May they make their home in You.

This we ask through Christ our Lord. Amen"



Good and Gentle God, we pray in gratitude for our mothers who have joined you in the wonder of bringing forth new life. You who became human through a woman, grant to all mothers the courage they need to face the uncertain future that life with children always brings.

Give them the strength to live and to be loved in return, not perfectly, but humanly. Give them the faithful support of husband, family and friends as they care for the physical and spiritual growth of their children.

Give them joy and delight in their children to sustain them through the trials of motherhood. Most of all, give them the wisdom to turn to you for help when they need it most.

- Author Unknown